

Single Female Pensioner					Single Female Pensioner	
New MIS categories					Ready reckoner categories	
A food and non-alcoholic beverages			39.01		Food	39.01
	A1 food		33.51		Alcohol	2.95
	A2 catering		5.50		Tobacco	0.00
B alcohol and tobacco			2.95		Clothing	6.13
	B1 alcohol		2.95		Water rates	4.71
	B1A alcohol at home		2.48		Council tax	13.33
	B1B alcohol away from home		0.47		Household insurances	1.61
	B2 tobacco and narcotics		0.00		Fuel	9.63
C clothing and footwear			6.13		Other housing costs	2.85
D housing costs			84.43		Household goods	9.65
	D1 rent		52.30		Household services	5.04
	D2 mortgage interest		0.00		Childcare	0.00
	D3 water		4.71		Personal goods and services	11.91
	D4 Council tax		13.33		Motoring	0.00
	D5 household insurances		1.61		Other travel costs	4.65
	D6 fuel		9.63		Social and cultural participation	25.91
	D7 other housing costs		2.85		Total	137.37
E household goods and services			14.69		Rent/mortgage interest	52.30
	E1 household goods		9.65			
	E2 household services		5.04			
	E2A communication		5.04			
		E2A1 postage	0.81			
		E2A2 telephone	4.23			
	E2B childcare		0.00			
	E2C other household services		0.00			
F personal goods and services (inc health)			11.91			
G transport			4.65			
	G1 motoring expenditure		0.00			
	G2 Fares and other travel costs		4.65			
H social and cultural participation			25.91			
	H1 leisure goods		9.35			
	H2 pets		0.01			
	H3 entertainment and recreation		10.00			
	H4 TV licence and rental		2.70			
	H5 foreign holidays		0.00			
	H6 UK holidays		3.85			
	TOTAL		189.67			

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A: Food and non-alcoholic beverages									
MIS	Detailed EFS category code	Detailed EFS category description	Item	Amount	Unit price	Quantity	Life (weeks)	Weekly cost	Comments
A1	01.1.1.1.1	Rice	Rice	130g dry weight	0.44	1.00	3.50	0.13	Own l/g 500gm pkt.
A1	01.1.1.2.1	Bread	Bread, wholemeal, sliced	14 slices (includes for visitors)	0.65	1.00	1.40	0.46	Tesco wholemeal loaf 800g.
A1	01.1.1.2.1	Bread	Rolls	32g Wholemeal	0.49	1.00	6.00	0.08	Tesco wholemeal rolls 6 pack
A1	01.1.1.2.2	Buns, crispbread and biscuits	Biscuits, other than chocolate	3x14g sweet	0.39	1.00	4.70	0.08	Tesco shortcake biscuits (200gm)
A1	01.1.1.4.1	Cakes and puddings	Cakes and pastries	60g plain sponge	1.09	1.00	1.00	1.09	Tesco madeira cake
A1	01.1.1.4.1	Cakes and puddings	Cakes and pastries	150g fruit cake	2.35	1.00	3.00	0.78	Tesco Iced Fruit Cake 500g £1.98 = 3 servings of 150g
A1	01.1.1.4.1	Cakes and puddings	Cakes and pastries	115g	1.09	1.00	3.00	0.36	Own pie fresh baked £1.09 freeze 2 slices.
A1	01.1.1.4.2	Pastry (savoury)	Takeaway pizza 10"	465g	2.99	1.00	1.00	2.39	Tesco (£2.39) (various toppings) 632g. Most popular price full range Groups say spend £4 on takeaway.
A1	01.1.1.5.1	Other breads and cereals	Flour	30g for crumble	0.41	1.00	16.00	0.03	Own s/r 500g bag 29p/kg
A1	01.1.1.5.1	Other breads and cereals	Porridge	35g dry weight	0.39	1.00	10.00	0.04	Own Scottish (500g) .39
A1	01.1.1.5.1	Other breads and cereals	Other high fibre breakfast cereals	2x Weetabix	1.78	1.00	12.00	0.15	Weetabix 24's
A1	01.1.1.5.1	Other breads and cereals	Canned rice pudding	200g	0.43	1.00	2.00	0.22	Tesco creamed rice pudding 425g
A1	01.1.2.2.1	Pork (fresh, chilled or frozen)	Pork chops	170g cooked = 255g raw pork chop	1.56	1.00	1.00	1.56	300gm:
A1	01.1.2.3.1	Lamb (fresh, chilled or frozen)	Lamb chops	250cooked = 375g raw lamb chop	4.79	1.00	1.00	4.79	4xloin chops (400g)
A1	01.1.2.4.1	Poultry (fresh, chilled or frozen)	Chicken breast meat	120g	2.99	1.00	4.00	0.75	Tesco Healthy living skinless chicken breast fillets 500g
A1	01.1.2.4.1	Poultry (fresh, chilled or frozen)	Other frozen convenience meats	Breast meat 140g	2.99	1.00	3.00	1.00	Tesco healthy living skinless and boneless chicken breast fillets (frozen) 500g

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A1	01.1.2.5.1	Sausages	Sausages, uncooked, pork	200g raw	0.84	1.00	2.00	0.42	Tesco skinless pork sausages 227g
A1	01.1.2.5.2	Bacon and Ham	Bacon and ham, uncooked, rashers, pre-packed	cf bacon back=0.59, 4x18g cooked rashers =92g raw	0.41	2.00	1.00	0.82	Tesco butchers choice unsmoked back bacon from deli. Each rasher approx 50 g. Cost per rasher 41p
A1	01.1.2.6.1	Other preserved or processed meat and meat preparations	Bacon and ham cooked including canned	51g bought chilled	1	0.30	1	0.30	Cooked ham from deli @ £5.20 per kilo. Costed for 57g as that was the weight of one slice of ham
A1	01.1.2.6.1	Other preserved or processed meat and meat preparations	Steak and Mushroom pie	250g	2.68	1.00	2.00	1.34	Tesco Deep Fill Puffsteak & Mushroom Pie 600g (can be frozen)
A1	01.1.3.1.1	Fresh, chilled or frozen fish	Frozen convenience fish products	170g frozen fillet	2.49	1.00	3.00	0.83	Tesco 6 breaded whitefish fillets 810g (135g per fillet)
A1	01.1.3.4.1	Other preserved or processed fish and seafood and fish and seafood preparations	Other canned or bottled fish	pink salmon 90g (includes for visitors)	0.71	1.00	1.00	0.71	Tesco W/Pacific Skinless & Boneless Pink Salmon 180g
A1	01.1.4.2.1	Low fat milk	Semi and other skimmed milk	1610ml	1.34	1.00	1.00	1.34	Own semi-skimmed 4 pt 2.272l
A1	01.1.4.4.1	Yoghurt	Yoghurt	1x125g pot	0.22	1.00	1.00	0.22	Tesco low fat yoghurt 150g (various flavours)
A1	01.1.4.5.1	Cheese and curd	Cheese, natural, hard, Cheddar and Cheddar type	40g	1.52	1.00	1.00	1.52	Tesco English mild cheddar 250g (cheapest option for this weight)
A1	01.1.4.6.1	Cream	Single	90ml	0.40	1.00	1.00	0.40	Tesco fresh single cream 150ml
A1	01.1.4.6.1	Other milk products	Trifle	Individual bought chilled	0.34	1.00	1.00	0.34	Tesco value individual trifle 113g (only individual trifle available). Other trifles available in 3 packs, but they could not be kept past 1 week.
A1	01.1.4.7.1	Eggs	Egg	4x medium	1.12	1.00	1.50	0.75	Willow farm barn eggs medium box of 6 £1.12; unit price 19p

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MIS	Detailed EFS category code	Detailed EFS category description	Item	Amount	Unit price	Quantity	Life (weeks)	Weekly cost	Comments
A1	01.1.5.2.1	Margarine and other vegetable fats	Reduced fat spreads	98g (includes for visitors)	0.58	1.00	2.00	0.29	Tesco enriched olive spread 250g
A1	01.1.5.2.1	Margarine and other vegetable fats	Cooking marg	15g	0.31	1.00	6.00	0.05	Stork 250gm tub
A1	01.1.6.1.1	Citrus fruits - fresh	Oranges, fresh	520g bought weight	0.26	3.00	1.00	0.78	oranges @26p each (assuming each orange would weigh approx 229g, based on couple and 2 children spreadsheet (T5+T6+T13+T14))
A1	01.1.6.2.1	Bananas - fresh	Bananas, fresh	374g bought weight	0.31	1.00	1.00	0.31	Tesco loose class 1 bananas @77p per kilo. NB costed for 400g
A1	01.1.6.3.1	Apples - fresh	Apples, stewed	140g bought weight	0.26	1.00	1.00	0.26	Bramley loose 1.45/kg. Costed for 180g as this was the weight of a small apple.
A1	01.1.6.8.1	Dried fruit and nuts	Dried fruit	50g dried apricots	0.89	1.00	5.00	0.18	Tesco value apricots 250g
A1	01.1.6.9.1	Preserved fruit and fruit-based products	Tinned fruit	Peaches 75g	0.44	1.00	1.00	0.44	Tesco peach slices in juice 410g (smaller tins were more expensive)
A1	01.1.7.1.1	Leaf and stem vegetables (fresh or chilled)	Leafy green salad	40g	0.78	1.00	1.00	0.78	Tesco wild rocket salad 64g 90gm bag
A1	01.1.7.1.1	Leaf and stem vegetables (fresh or chilled)	Watercress	25g	0.96	1.00	1.00	0.96	85gm bunch = 96p
A1	01.1.7.2.1	Cabbages (fresh or chilled)	Cauliflower	180g	0.79	1.00	2.00	0.40	79p each
A1	01.1.7.2.1	Cabbages (fresh or chilled)	Cabbage	140g less 18g	0.50	1.00	1.00	0.50	cabbage each
A1	01.1.7.2.1	Cabbages (fresh or chilled)	Other fresh green veg (broccoli)	190g	0.80	1.00	1.00	0.80	tesco loose broccoli @ £1.59 per kilo. Costed for 500g as that was the weight of a small florette. It's unlikely that they would be able to buy less than this.
A1	01.1.7.3.1	Vegetables grown for their fruit (fresh, chilled or frozen)	Tomatoes, fresh	340g bought weight	0.69	1.00	1.00	0.69	Own 6 pack

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A1	01.1.7.3.1	Vegetables grown for their fruit (fresh, chilled or frozen)	Peas, frozen	70g	1.79	1.00	14.00	0.13	Own Garden 1kg pack
A1	01.1.7.3.1	Vegetables grown for their fruit (fresh, chilled or frozen)	Cucumber	23g	0.34	1.00	2.00	0.17	half: 44p Tesco cucumber portion
A1	01.1.7.3.1	Vegetables grown for their fruit (fresh, chilled or frozen)	Peppers	20g raw	0.78	1.00	2.00	0.39	Green/orange/red/yellow peppers loose class 1 @ 68 pence each
A1	01.1.7.4.1	Root crops, non-starchy bulbs and mushrooms (fresh, chilled or frozen)	Carrots, fresh	180g	0.12	1.00	2.00	0.06	Loose carrots @ 62p per kilo. Costed for 200g.
A1	01.1.7.4.1	Root crops, non-starchy bulbs and mushrooms (fresh, chilled or frozen)	Onions, shallots, leeks, fresh	20g spring onions	0.69	1.00	2.00	0.35	Tesco salad onions
A1	01.1.7.4.1	Root crops, non-starchy bulbs and mushrooms (fresh, chilled or frozen)	All frozen vegetables and frozen vegetables products not specified elsewhere	220g frozen mixed veg	1.30	1.00	5.00	0.26	Own special mixed veg 1.2 kg
A1	01.1.7.6.1	Other preserved or processed vegetables	Baked Beans, canned	230g	0.35	1.00	1.00	0.35	Own 420gm

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A1	01.1.7.6.1	Other preserved or processed vegetables	Tomatoes canned	115g	0.39	1.00	1.00	0.39	Own Italian chopped 227gm tin
A1	01.1.7.6.1	Other preserved or processed vegetables	Cheese and onion pasty	250g	0.52	2.00	1.00	1.04	Tesco cheese and onion pasty 150g
A1	01.1.7.7.1	Potatoes	Previous year's crop potatoes purchased Jan to Aug	600g	1.12	1.00	4.00	0.28	Tesco white potatoes 2.5kg.
A1	01.1.7.7.1	Potatoes	New potatoes	175g	0.14	1.00	1.00	0.14	78p per kg loose bought 175g
A1	01.1.8.1.1	Sugar	Sugar	50g	0.45	1.00	10.00	0.05	Misc Gran 500gm pkt
A1	01.1.8.2.1	Jams, marmalades	Marmalade/Jam	30g	0.69	1.00	6.00	0.12	Tesco jam (various flavours) 454g. (must be eaten within 6 weeks of opening)
A1	01.1.8.5.1	Edible ices and ice cream	Ice-cream	75g	1.39	1.00	26.00	0.05	Tesco soft scoop (various flavours) 2 ltr
A1	01.1.9.2.1	Salt, spices and culinary herbs	Salt	1 teaspoon	0.43	1.00	104.00	0.00	own cooking salt 1.5kg tub £0.45p
A1	01.2.1.1.1	Coffee	Coffee, instant	7tsp=7g	0.65	1.00	14.00	0.05	Own Classic 100gm jar
A1	01.2.1.2.1	Tea	Tea	28x2.5g teabags	1.86	1.00	5.00	0.37	Own Premium 160
A2		Pastry (savory)	Takeaway pizza 10"	465g	1.61	1.00	1.00	1.61	Groups say £4 a week Repriced at Tesco (£2.39) Chicargo town pizza (various flavours), 635g (4.00-2.39)
A2			restaurant		16.71	1.00	4.30	3.89	Group say allowance for eating out £20 per month. Less wine £20-£2.50= £17.50 on food. Less cost of eating in (2 egg omelette, ham, tomato = 79p) £17.50-79p= 16.71
<b>TOTALS</b>									
A1	<b>Food</b>	<b>33.51</b>							
A2	<b>Catering</b>	<b>5.50</b>							
<b>A</b>	<b>Food and non-alcoholic beverages</b>	<b>39.01</b>							

Single Female Pensioner									
B: Alcohol and tobacco									
MIS	Detailed EFS category code	Detailed EFS category description	Item	amount	Quantity	Unit cost	Life (weeks)	Weekly cost	Comments
B1A	02.1.2.1.1	Wine from grape or other fruit (brought home)	Wine 750mls £2.99	1 bottle sweet white	1.00	2.48	1.00	2.48	Tesco leibfraumilch 75cl . Less one glass drunk as on-sales per month. 5 glasses to bottle = 50p glass
B1B		In-sales	Wine 150m	sweet white	1	2.00	4.30	0.47	0 per glass - 50p glass drunk at home =2.00
<b>TOTALS</b>									
<b>B1A</b>	<b>Alcohol at home (off-sales)</b>	<b>2.48</b>							
<b>B1B</b>	<b>Alcohol away from home (on-sa</b>	<b>0.47</b>							
<b>B2</b>	<b>Tobacco and narcotics</b>	<b>0</b>							
<b>B</b>	<b>Alcohol and tobacco</b>	<b>2.95</b>							

Single Female Pensioner										
C: Clothing and footwear										
MIS	Detailed EFS category code	Detailed EFS category description	Item	Quantity	Brand	Retailer	Unit Price £	Life (weeks)	Weekly cost	Comments
C	03.1.2.2.01	Women's outer garments	Dressing gown	1	M&S	M&S	19.50	312	0.06	Classic embroidered dressing gown
C	03.1.2.2.01	Women's outer garments	Cardigans	4	Matalan,	Matalan,	10.00	104	0.38	Mid range at Matalan
C	03.1.2.2.01	Women's outer garments	Dress	2	Bon Marche	Bon Marche	22.00	104	0.42	
C	03.1.2.2.01	Women's outer garments	Fleece	1		Charity shop	3.00	104	0.03	local 2nd hand shops £2; £3
C	03.1.2.2.01	Women's outer garments	Jumpers	4	Matalan	Matalan	8.00	104	0.31	
C	03.1.2.2.01	Women's outer garments	Tops	6	Matalan	Matalan	8.00	104	0.46	<i>Matalan mid range</i>
C	03.1.2.2.01	Women's outer garments	Trousers	2	Matalan	Matalan	10.00	104	0.19	Group said would replace 1 a year - equivalent to 10 every 10 years Matalan mid range Equival to 2 in 2 years changed quantity to from 3 to 2
C	03.1.2.2.01	Women's outer garments	Water proof	1	Primark	Primark	4.00	104	0.04	Unisex zip front waterproof
C	03.1.2.2.01	Women's outer garments	Winter coat	1		Charity shop	15.00	104	0.14	Local charity shop
C	03.1.2.2.02	Women's under garments	Bras	3	Primark	Primark	4.00	52	0.23	
C	03.1.2.2.02	Women's under garments	Knickers	12	Primark	Primark	1.50	52	0.35	
C	03.1.2.2.02	Women's under garments	Pop socks	5	Primark	Primark	1.00	52	0.10	pack 5 for £1
C	03.1.2.2.02	Women's under garments	Socks	6	Primark	Primark	0.21	52	0.02	6 pack £1.25
C	03.1.2.2.02	Women's under garments	Slip	4	M&S	M&S	8.00	104	0.31	full slips -no full slips in Primark / Tesco so costed at M&S
C	03.1.2.2.02	Women's under garments	Tights	5	Primark	Primark	0.50	52	0.05	5 pack £2.50
C	03.1.2.2.02	Women's under garments	Thermal vests	6	Primark	Primark	5.00	52	0.58	
C	03.1.2.2.02	Women's under garments	Nighties	2	Primark	Primark	4.00	52	0.15	4 Nightdresses and pyjamas in total
C	03.1.2.2.02	Women's under garments	Pyjamas	2	Primark	Primark	4.00	52	0.15	4 Nightdresses and pyjamas in total
C	03.1.3.1.02	Women's accessories	Gloves	1	Tesco	Tesco	4.00	104	0.04	
C	03.1.3.1.02	Women's accessories	Hat	1	Tesco	Tesco	5.00	104	0.05	
C	03.1.3.1.02	Women's accessories	Scarf	1	Primark	Primark	2.00	104	0.02	
C	03.2.1.2.01	Footwear for women	Boots-general	2	M&S	M&S	45.00	104	0.87	Mid range





Single Female Pensioner										
E: Household goods and services										
MIS code	Detailed EFS category code	Detailed EFS category description	Item	Quantity	Brand	Retailer	Unit Price £	Life (weeks)	Weekly cost	Comments
E1	05.1.1.1.01	Household furniture and furnishings	Lampshade (Dining area)	1	Wilkinsons	Wilkinsons	3.50	520	0.01	Wilko Drum Shade Light Blue 14in
E1	05.1.1.1.01	Household furniture and furnishings	Lampshade (hall)	1	Wilkinson's	Wilkinson's	3.50	520	0.01	Wilko Drum Shade Light Blue 14in
E1	05.1.1.1.01	Household furniture and furnishings	Lightshade (living area)	1	Wilkinsons	Wilkinsons	3.50	520	0.01	Wilko Drum Shade Light Blue 14in
E1	05.1.1.1.01	Household furniture and furnishings	Armchair	1	Bellini	DFS	249.00	520	0.48	1/2 price offer
E1	05.1.1.1.01	Household furniture and furnishings	Storage/shelves	1	Argos	Argos	49.99	780	0.06	Oak/pine extra deep bookcase with 2 drawers
E1	05.1.1.1.01	Household furniture and furnishings	Coffee table	1	Argos	Argos	£69.00	520	0.13	Beech Finish Milky Glass Coffee Table
E1	05.1.1.1.01	Household furniture and furnishings	Footstool	1	Bellini	DFS	149.00	520	0.29	1/2 price offer
E1	05.1.1.1.01	Household furniture and furnishings	Lamp/reading lamp	1	Wilkinson's	Wilkinson's	8.00	260	0.03	Wilko Candlestick Table Lamp Complete Brass Effect
E1	05.1.1.1.01	Household furniture and furnishings	Sideboard	1	second hand	Lboro second hand shop	45.00	780	0.06	Several good examples in local 2nd hand shops: £20-£45
E1	05.1.1.1.01	Household furniture and furnishings	Sofabed -3 seater	1	Bellini	DFS	499.00	520	0.96	Large 2 seater sofabed. 1/2 price offer
E1	05.1.1.1.01	Household furniture and furnishings	chairs	4	Good second hand	2nd hand	10.00	520	0.08	local 2nd hand shops: £10 each. CB group approved 10 year lifetime.
E1	05.1.1.1.01	Household furniture and furnishings	Table (small) - living area	1		Second hand	10.00	520	0.02	Occasional tables in local 2nd hand shops £5, £8, £10, £15 (nest)£10 selected
E1	05.1.1.1.01	Household furniture and furnishings	table (folding)	1	Good second hand	Charity shop Lboro	25.00	520	0.05	
E1	05.1.1.1.01	Household furniture and furnishings	lampshade (for central light in bedroom)	1	Wilkinson's	Wilkinson's	3.50	520	0.01	Wilko Drum Shade Light Blue 14in
E1	05.1.1.1.01	Household furniture and furnishings	Cupboard	1	Oak storage cupboard	Argos	43.94	520	0.08	CB Group agreed there would be cupboard/stand to put TV on. New Morgan Collection - 2 Door Cupboard.
E1	05.1.1.1.01	Household furniture and furnishings	Medicine cabinet	1	Argos	Argos	19.99	780	0.03	White + 3 mirror doors 831/1612; mid range
E1	05.1.1.1.01	Household furniture and furnishings	Single bed	1	Layzee beds	Argos	189.99	520	0.37	Layzee Beds Pure Cushion Top Single Divan - 2 Drawers.

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E1	05.1.1.1.01	Household furniture and furnishings	Bedside table/cabinet	1	Manhattan	Argos	39.99	520	0.08	; mid range
E1	05.1.1.1.01	Household furniture and furnishings	Drawers	1	Manhattan	Argos	69.79	780	0.09	3+2 drawer Pine
E1	05.1.1.1.01	Household furniture and furnishings	Lamp	1	Tesco	Tesco	15.00	260	0.06	Block Table lamp Natural
E1	05.1.1.1.01	Household furniture and furnishings	Wardrobe	1	Manhattan	Argos	189.79	780	0.24	Pine 3 sliding doors + mirror ; mid range
E1	05.1.1.1.01	Household furniture and furnishings	Light shade (bathroom)	1	Wilkinsons	Wilkinsons	3.50	520	0.01	Wilko Drum Shade Light Blue 14in
E1	05.1.1.1.03	Fancy/decorative goods	Mirror (hall)	1	Wilkinson's	Wilkinson's	9.99	780	0.01	Wilko Mirror Nordic Pine Effect 20inx16in
E1	05.1.1.1.03	Fancy/decorative goods	Mirror (living area)	1	Wilkinson's	Wilkinson's	9.99	780	0.01	Wilko Mirror Nordic Pine Effect 20inx16in
E1	05.1.1.1.03	Fancy/decorative goods	Ornaments	1		Charity shop/car boot, etc.	20.00	1040	0.02	CB group agreed £20 to start with, ornaments would last for rest of life and could be supplemented with gifts, etc.
E1	05.1.2.1.01	Carpets and rugs	Carpet (Hall)	1	Versailles Berber	Carpetrite	175.9	520	0.34	Hall=part porch, part hall (see plan) carpet for hall = £63.92 (£7.99x8), underlay=£39.99, fitting=£20, grippers=£3.99, door strips (£8.00x6=£48.00) Changed from cheap to mid-range lasting 10 yrs.
E1	05.1.2.1.01	Carpets and rugs	Carpet (living area)	1	Versailles Berber	Carpetrite	306.75	520	0.59	Carpet=£159.80, Underlay=£79.98, Fitting=£50, Grippers=£7.98, Door strips = £8.00 Was cheap for 10 years, changed to mid-range 10 years
E1	05.1.2.1.01	Hard floor coverings	Vinyl flooring (porch)	1	Soft step	Carpetrite	39.97	520	0.08	Hall=part porch, part hall (see plan) Vinyl for porch part = £17.97, fitting=£12, adhesive=£10
E1	05.1.2.1.01	Carpets and rugs	Carpet (Bedroom)	1	Versailles Berber	Carpetrite	297.76	520	0.57	20sqm @ £7.99=£159.80, underlay=£79.98, fitting=£50, grippers=£7.98, door strip included in hall costs. Changed from cheap to mid-range
E1	05.1.2.1.02	Hard floor coverings	Vinyl flooring (bathroom)	1	Soft step	Carpetrite	69.94	520	0.13	Vinyl=£35.94, adhesive=£10, fitting=£24
E1	05.1.2.1.02	Hard floor coverings	Vinyl flooring (kitchen/dining area)	1	Soft step	Carpetrite	89.92	520	0.17	Vinyl=£47.92, adhesive £10, fitting £32 (door strips included in other rooms)
E1	05.2.1.1.01	Bedroom textiles including duvets and pillows	Duvet cover	3	Tesco	Tesco	7.00	260	0.08	Tesco single duvet cover with pillow case

Single Female Pensioner										
E: Household goods and services										
MIS code	Detailed EFS category code	Detailed EFS category description	Item	Quantity	Brand	Retailer	Unit Price £	Life (weeks)	Weekly cost	Comments
E1	05.2.1.1.01	Bedroom textiles including duvets and pillows	Duvet	1	Tesco	Tesco	11.00	520	0.02	Tesco Cotton Cover Single Duvet, 10.5 tog
E1	05.2.1.1.01	Bedroom textiles including duvets and pillows	Pillows	2	Silentnight	Tesco	5.00	260.0	0.04	Silentnight Antibacterial Microfibre Pillows, Twinpack = £10 - so unit cost is £5.00
E1	05.2.1.1.01	Bedroom textiles including duvets and pillows	Pillow case	6	Dunelm	Dunelm	0.00	1040	0.00	3 included in duvet sets above, 3 included in fitted sheets below
E1	05.2.1.1.01	Bedroom textiles including duvets and pillows	Sheet-Bottom/fitted	3	Tesco	Tesco	3.78	260	0.04	Tesco single sheet with pillowcase
E1	05.2.1.1.01	Bedroom textiles including duvets and pillows	Sheet-top/flat	3	Tesco	Tesco	6.00	260	0.07	Tesco Single Flat Sheet, Pale Blue (will match with bottom sheet)
E1	05.2.1.1.02	Other household textiles, including cushions, towels,	Net curtains (living area)	1	Dunelm	Dunelm	6.99	520	0.01	135cm x135cm crush voile
E1	05.2.1.1.02	Other household textiles, including cushions, towels,	Curtains (Hall)	1	Dunelm	Dunelm	20.99	520	0.04	Lined
E1	05.2.1.1.02	Other household textiles, including cushions, towels,	Curtains (living area)	1	Dunelm	Dunelm	20.99	520	0.04	Curtains, not blinds
E1	05.2.1.1.02	Other household textiles, including cushions, towels,	Curtains (bathroom)	1	Dunelm	Dunelm	20.99	520	0.04	
E1	05.2.1.1.02	Other household textiles, including cushions, towels,	Tablecloth	2	Woolworth	Woolworth	6.00	520	0.02	Cream Tablecloth - 140 x 175cm
E1	05.2.1.1.02	Other household textiles, including cushions, towels, curtains	Tea towels	10	Wilkinson's	Wilkinson's	0.30	104	0.03	Country Club Contemporary Collection Superdri Kitchen Towels 10 Pack = £2.99. Unit cost 30p
E1	05.2.1.1.02	Other household textiles, including cushions, towels, curtains	Bath mat (for floor)	1	Right price	Wilkinson's	3.00	520	0.01	Right Price Single Bathmat Reversible White 43cm x 60cm

Single Female Pensioner										
E: Household goods and services										
MIS code	Detailed EFS category code	Detailed EFS category description	Item	Quantity	Brand	Retailer	Unit Price £	Life (weeks)	Weekly cost	Comments
E1	05.2.1.1.02	Other household textiles, including cushions, towels,	Bath towels	2	Wilkinson's	Wilkinson's	3.99	364	0.02	Luxury Egyptian Towel Bath Cotton White
E1	05.2.1.1.02	Other household textiles, including cushions, towels,	Hand towels	4	Wilkinson's	Wilkinson's,	1.99	364	0.02	Luxury Egyptian Towel Hand Cotton White 2 for kitchen 2 for bathroom
E1	05.2.1.1.02	Other household textiles, including cushions, towels,	Curtains (bedroom)	1	Dunelm	Dunelm	20.99	520	0.04	
E1	05.2.1.1.02	Other household textiles, including cushions, towels,	Door mat	1	Wilkinson's	Wilkinson's	2.99	520	0.01	Wilko Door Mat Rubber 40cm x 60cm
E1	05.2.1.1.02	Other household textiles, including cushions, towels, curtains	Shopping bag	1	Matalan	Matalan	6.00	520	0.01	Natural metallic handle straw bag
E1	05.3.1.1.01	Refrigerators, freezers and fridge-freezers	Fridge freezer	1	Fridgemaster	Curry's	149.95	520	0.29	New (1/3 freezer, 2/3 fridge) CB group changed life to 10 years. Fridgemaster MTR140
E1	05.3.1.2.01	Clothes washing machines and clothes drying machines	Washing machine	1	Beko	Curry's	169.95	520	0.33	WMA510W
E1	05.3.1.3	Cookers	Cooker	1	Belling	Curry's	139.99	520	0.27	(Cheapest but excellent servcability both gas & electric) Belling - cooker with grill and 4 ring hob
E1	05.3.1.4.01	Heaters, air conditioners, shower units	Gas/electric fire	1	Argos	Argos	24.99	260	0.10	Upright Fan Heater Silver and Black 2kW.
E1	05.3.1.5.01	Vacuum cleaners and steam cleaners	Vacuum cleaner	1	Vax	Argos	59.99	260.0	0.23	Vax Essentials Bagless Upright Vacuum Cleaner
E1	05.3.2.1.01	Small electric household appliances, excluding hairdryers	Kettle	1	Russell Hobbs	Tesco	24.97	260	0.10	11521 Cordless Metal Jug (mid range)
E1	05.3.2.1.01	Small electric household appliances, excluding hairdryers	Toaster	1	Russell Hobbs	Argos	19.97	260.0	0.08	Russell Hobbs retro 2 slice toaster

Single Female Pensioner										
E: Household goods and services										
MIS code	Detailed EFS category code	Detailed EFS category description	Item	Quantity	Brand	Retailer	Unit Price £	Life (weeks)	Weekly cost	Comments
E1	05.3.2.1.01	Small electric household appliances, excluding hairdryers	Iron	1	Phillips	Tesco	24.97	260.0	0.10	Tesco: Phillips GC2520 Steam Iron £24.97
E1	05.4.1.1.01	Glassware, china and pottery	pint glasses	4	Tesco	Tesco	0.75	520	0.01	Tesco standard tall beer glassesx4= £3.00. unit price = 75p
E1	05.4.1.1.01	Glassware, china and pottery	Tumblers	6	Argos	Argos	0.83	520	0.01	Added in line with women's spreadsheet.6 Piece Glass Arcade Tumblers Set = £4.99 - unit cost = 83p
E1	05.4.1.1.01	Glassware, china and pottery	Wine glasses	6	enchante	Wilkinson's	1.17	520	0.01	6 Piece Enchante Wine Glass Set: £6.99 unit cost = £1.17
E1	05.4.1.1.01	Glassware, china and pottery	Serving dishes	3	Wilkinson's	Wilkinson's	2.99	520	0.02	Wilko Oblong Dish Large 30cmx17cm
E1	05.4.1.1.01	Glassware, china and pottery	Set of crockery	1	Iceberg	Argos	20.00	1040	0.02	Iceberg 24 Piece Fine Porcelain Dinner Set. Set contains: 6 dinner plates, 6 salad plates, 6 bowls, 6 mugs and 2 serving bowlss <i>CB group changed from set of 4 to set of 6 in line with men's.</i>
E1	05.4.1.1.01	Glassware, china and pottery	Teapot	1	Rayware	Wilkinson's	2.99	520	0.01	Rayware Teapot Rockingham 6 Cup
E1	05.4.1.2.01	Cutlery and silverware	Carvery set/Carving knives	1	Wilkinsons	Wilkinson's	9.99	520	0.02	Wilko carving knife 2.99; set of 5 in block 9.99
E1	05.4.1.2.01	Cutlery and silverware	Cutlery set	1	seville	Argos	17.99	520.0	0.03	24 Piece Seville Cutlery Set
E1	05.4.1.2.01	Cutlery and silverware	Bread knife	1	Wilkinson's	Wilkinson's	2.99	520	0.01	Wilko Bread Knife 7 3/4in
E1	05.4.1.2.01	Cutlery and silverware	Knives	1	Wilkinson's	Wilkinson's	0.00	520	0.00	Has set of 5 knives in a block
E1	05.4.1.2.01	Cutlery and silverware	Table spoons	2	Wilkinson's	Wilkinson's	1.15	520	0.00	Wilko Stainless Steel Table Spoon
E1	05.4.1.3.01	Kitchen utensils	Cheese grater	1	Wilkinson's	Wilkinson's	1.89	520	0.00	Wilko Box Grater
E1	05.4.1.3.01	Kitchen utensils	Colander	1	Sabichi	Wilkinson's	2.99	520	0.01	Sabichi Stainless Steel Colander 24cm
E1	05.4.1.3.01	Kitchen utensils	Corkscrew	1	Wilkinson's	Wilkinson's	0.99	520	0.00	
E1	05.4.1.3.01	Kitchen utensils	Cutting/chopping board	1	Wilkinson's	Wilkinson's	1.49	52	0.03	Wilko Chopping Board
E1	05.4.1.3.01	Kitchen utensils	Frying pan	1	Wilkinson's	Wilkinson's	3.99	520	0.01	Wilko Frying Pan Metallic Grey 20cm
E1	05.4.1.3.01	Kitchen utensils	Microwave	1	Panasonic	Tesco	69.99	520	0.13	Panasonic NN-E255W White Touch Microwave.
E1	05.4.1.3.01	Kitchen utensils	Mixing bowl	4	Wilkinson's	Wilkinson's	0.90	520	0.01	Style Works Mixing Bowl Stainless Steel 28cm
E1	05.4.1.3.01	Kitchen utensils	potato peeler	1	Wilkinson's	Wilkinson's	0.99	520	0.00	Wilko Peeler Stainless Steel

Single Female Pensioner										
E: Household goods and services										
MIS code	Detailed EFS category code	Detailed EFS category description	Item	Quantity	Brand	Retailer	Unit Price £	Life (weeks)	Weekly cost	Comments
E1	05.4.1.3.01	Kitchen utensils	Roasting dish	1	Wilkinson's	Wilkinson's	1.99	520	0.00	Wilko Non-Stick Roasting Tin
E1	05.4.1.3.01	Kitchen utensils	Saucepan set	1	Sabichi	Wilkinson's	9.99	520	0.02	Sabichi 3 Piece Stainless Steel Pan Set
E1	05.4.1.3.01	Kitchen utensils	Sieve	1	Wilkinson's	Wilkinson's	0.99	520	0.00	Wilko Strainer 15cm
E1	05.4.1.3.01	Kitchen utensils	Steamer	1	Sabichi	Wilkinson's	12.5	520	0.02	Sabichi Steamer 3 Tier
E1	05.4.1.3.01	Kitchen utensils	Tins/trays	1	Wilkinson's	Wilkinson's	0.99	520	0.00	Progress Oven Tray 365mmx250mmx20mm
E1	05.4.1.3.01	Kitchen utensils	Tin opener	1	Wilkinson's	Wilkinson's	1.99	520	0.00	Wilko Can Opener White/Black
E1	05.4.1.3.01	Kitchen utensils	Tupperware set	1	Wilkinson's	Wilkinson's	5.99	260	0.02	Wilkinson's 11 plastic storage boxes
E1	05.4.1.3.01	Kitchen utensils	Utensils (set)	1	Wilkinson's	Wilkinson's	1.25	520	0.00	Wilkinsons utensils set
E1	05.4.1.3.01	Kitchen utensils	Washing up bowl	1	Wilkinson's	Wilkinson's	1.25	260	0.00	Wham Bowl Square Silver 32cm
E1	05.4.1.3.02	Storage and other durable household articles	Table mats (set)	1	Wilkinson's	Wilkinson's	2.99	520	0.01	set of 6 Wilco's seagrass
E1	05.4.1.3.02	Storage and other durable household articles	Bin	1	Wilkinson's	Wilkinson's	9.99	520	0.02	Addis Essentials Roll Top Bin Silver Effect 48ltr
E1	05.4.1.3.02	Storage and other durable household articles	Ironing board	1	Beldray	Wilkinson's	24.99	1040	0.02	Beldray Classique Ironing Table
E1	05.4.1.3.02	Storage and other durable household articles	Bath mat (non-slip for inside the bath)	1	Wilkinson's	Wilkinson's	2.99	260	0.01	Wilko Bath Mat White Large 74cm x 34cm/29in x 13in/approx
E1	05.4.1.3.02	Storage and other durable household articles	Shower curtain	1	Wilkinson's	Wilkinsons	5.99	260	0.02	Wilko Shower Curtain Silver and White Mosaic 180cm x 180cm/70in x 70in/approx
E1	05.4.1.3.02	Storage and other durable household articles	Soap dish	1	Wilkinson's	Wilkinsons	1.49	260	0.01	Wilko Floral Soap Dish Ceramic White
E1	05.4.1.3.02	Storage and other durable household articles	Toilet brush	1	Bentley	Wilkinsons	1.29	260	0.00	Bentley Brushware Toilet Brush Set (brush in holder)
E1	05.4.1.3.02	Storage and other durable household articles	Tooth mug	1	Wilkinson's	Wilkinsons	1.49	260	0.01	Wilko Floral Tooth Brush Holder Ceramic White or Wilko Floral Tumbler Ceramic White
E1	05.5.2.1.01	Small tools	Steps	1	TESCO	TESCO	7.97	520	0.02	Tesco Value 2 Tread Step Ladder
E1	05.5.2.1.01	Small tools	Pliers	1	Wilkinson's	Wilkinson's	2.00	520	0.00	Wilko Combination Pliers 175mm (7in)
E1	05.5.2.1.01	Small tools	Hammers	1	Wilkinson's	Wilkinson's	4.99	520	0.01	a selection of wilco hammers are available at this price
E1	05.5.2.1.01	Small tools	Screwdrivers	1	Tesco	Tesco	4.97	520	0.01	Tesco 6 Piece Screwdriver Set
E1	05.5.2.1.02	Door, electrical and other fittings	Curtain pole (Hall)	1	Argos	Argos	9.99	520	0.02	Solid Wood 2.4m Curtain Pole

Single Female Pensioner										
E: Household goods and services										
MIS code	Detailed EFS category code	Detailed EFS category description	Item	Quantity	Brand	Retailer	Unit Price £	Life (weeks)	Weekly cost	Comments
E1	05.5.2.1.02	Door, electrical and other fittings	Curtain rail (living area)	1	Argos	Argos	9.99	520	0.02	Solid Wood 2.4m Curtain Pole
E1	05.5.2.1.02	Door, electrical and other fittings	Curtain pole (Bathroom)	1	Argos	Argos	9.99	520	0.02	Solid Wood 2.4m Curtain Pole
E1	05.5.2.1.02	Door, electrical and other fittings	Curtain rail (Bedroom)	1	Argos	Argos	9.99	520	0.02	Solid Wood 2.4m Curtain Pole
E1	05.5.2.1.03	Garden tools and equipment	Secateurs	1	Wilkinson's	Wilkinson's	3.99	1300	0.00	Wilko Deluxe Secateurs Bypass Pruner 177mm/7in/approx
E1	05.5.2.1.03	Garden tools and equipment	Shears	1	Wilkinson's	Wilkinson's	2.99	1300	0.00	Wilko Hedge Shears 20cm/8in /approx
E1	05.5.2.1.03	Garden tools and equipment	Shovel / spade	1	Wilkinson's	Wilkinson's	9.99	1300	0.01	Wilko Stainless Steel Border Spade
E1	05.5.2.1.03	Garden tools and equipment	Watering can	1	Wilkinson's	Wilkinson's	1.99	1300	0.00	Ward Woodstock Watering Can Green 6.5ltr
E1	05.5.2.1.04	Electrical consumables	Batteries	1	Wilkinson's	Wilkinson's	1.75	260	0.01	Wilko Powerplus Extra Long Life Battery 9V PP3 Alkaline x1 = £1.75
E1	05.5.2.1.04	Electrical consumables	Torch	1	Wilkinson's	Wilkinson's	2.99	520	0.01	(RAC Heavy Duty Lantern) + spare battery
E1	05.5.2.1.04	Electrical consumables	Fuses	4	Wilkinson's	Wilkinson's	0.47	260	0.01	They didn't say how many Packs of 4x 3, 5 and 13 amp 47p each <i>probably need one of each Added in line with men's.</i>
E1	05.5.2.1.04	Electrical consumables	Light bulbs	8	Tesco	Tesco	0.81	312	0.02	No quantity given 2 Added in line with men's. Changed to 8 long life bulbs in line with other budgets. Tesco own energy saving 11w (60w)
E1	05.6.1.1.01	Detergents, washing-up liquid, washing powder	Hand washing liquid/powder	1	Dri-Pak	Wilkinson's,	1.15	26	0.04	Dri-Pak Soap Flakes 500g
E1	05.6.1.1.01	Detergents, washing-up liquid, washing powder	Washing up liquid	1	Wilkinson's,	Wilkinson's,	0.68	4.3	0.16	Wilko Apple Washing Up Liquid 500ml Lifetime changed from 2 weeks to 1 month in line with men's group.
E1	05.6.1.1.01	Detergents, washing-up liquid, washing powder	Washing powder	2	Tesco	Tesco	0.14	1	0.28	2 loads per week Changed to Tesco 2 In 1 Powder 30 Wash/2.4kg as in men's (£4.19 per box = 14p per wash = cheaper than 18p per wash Daz powder only originally costed for women)

Single Female Pensioner										
E: Household goods and services										
MIS code	Detailed EFS category code	Detailed EFS category description	Item	Quantity	Brand	Retailer	Unit Price £	Life (weeks)	Weekly cost	Comments
E1	05.6.1.1.02	Disinfectants, polishes, other cleaning materials and some pest control products	Bleach	1	Tesco	Tesco	0.62	4.3	0.14	Wilko Thick Bleach Original 750ml
E1	05.6.1.1.02	Disinfectants, polishes, other cleaning materials and some pest control products	Surface cleaner	1	Wilkinson's,	Wilkinson's,	0.75	4.3	0.17	Wilko Anti-Bacterial Surface Cleaner 750ml
E1	05.6.1.1.02	Disinfectants, polishes, other cleaning materials and some pest control products	Polish	1	Tesco	Tesco	0.67	17.2	0.04	Tesco natural furniture polish 300ml
E1	05.6.1.1.02	Disinfectants, polishes, other cleaning materials and some pest control products	Air freshener	1	Glade	Wilkinson's,	0.78	13	0.06	Glade Magnolia & Vanilla Air Freshener 300ml
E1	05.6.1.1.02	Disinfectants, polishes, other cleaning materials and some pest control products	Toilet cleaner	1	Wilkinsons	Wilkinsons	0.72	2	0.36	Wilko Active Toilet Gel Citrus 750ml
E1	05.6.1.2.01	Kitchen disposables	Cling film	1	Wilkinsons	Wilkinsons	0.39	52	0.01	Wilko Multipurpose Cling Film 300mm Wide 20m. Not mentioned by either group! Changed lifetime from 10 years to 1 year.
E1	05.6.1.2.01	Kitchen disposables	Foil	1	Wilkinsons	Wilkinsons	0.59	13	0.05	Wilko Kitchen Foil 300mm Wide x 5metres
E1	05.6.1.2.01	Kitchen disposables	Freezer bags	1	Wilkinsons	Wilkinsons	0.99	13	0.08	Wilko Freezer Bags with Tie Closures Medium x 50
E1	05.6.1.2.01	Kitchen disposables	Kitchen roll / kitchen paper / kitchen towels	4	Blot	Wilkinson's,	0.20	8.6	0.09	Blot Kitchen Towels White 4 Pack =79p, unit cost = 20p
E1	05.6.1.2.02	Household hardware and appliances, matches	Scissors	1	Wilkinsons	Wilkinson's	1.49	260	0.01	Wilko Kitchen Shears
E1	05.6.1.2.02	Household hardware and appliances, matches	Brush	1	Wilkinsons	Wilkinson's	2.99	260	0.01	Wilko Broom with Handle Multi-Purpose Natural Coco

Single Female Pensioner										
E: Household goods and services										
MIS code	Detailed EFS category code	Detailed EFS category description	Item	Quantity	Brand	Retailer	Unit Price £	Life (weeks)	Weekly cost	Comments
E1	05.6.1.2.02	Household hardware and appliances, matches	Bucket	1	Wilkinsons	Wilkinson's	2.00	260	0.01	Wilco bucket
E1	05.6.1.2.02	Household hardware and appliances, matches	Clothes horse	1	Wilkinsons	Wilkinson's	16.99	260	0.07	Wilko X-Wing Deluxe Clothes Airer
E1	05.6.1.2.02	Household hardware and appliances, matches	Dusters	6	Wilkinsons	Wilkinson's	0.29	260	0.01	Wilkinsons duster
E1	05.6.1.2.02	Household hardware and appliances, matches	Mop	1	Wilkinsons	Wilkinson's	5.99	520	0.01	Wilko Super Mop Deluxe
E1	05.6.1.2.02	Household hardware and appliances, matches	Mop head	1	Wilkinsons	Wilkinson's	2.49	26	0.10	Wilko Deluxe Super Mop Replacement Head
E1	05.6.1.2.02	Household hardware and appliances, matches	Pegs	1	Wilkinson's	Wilkinson's	0.77	260	0.00	Added from men's spreadsheet. Wilko Clothes Pegs Plastic x 50
E1	05.6.1.2.02	Household hardware and appliances, matches	Clothes line	1	Wilkinson's	Wilkinson's	1.99	260	0.01	Wilko Clothes Line Plastic Covered Polypropylene 30m/approx
E1	05.6.1.2.03	Kitchen gloves, cloths etc	Oven gloves/cloth	1	Kitchen range	Wilkinson's	2.99	260	0.01	Added from men's spreadsheet. Kitchen Range Double Oven Glove Circles
E1	05.6.1.2.03	Kitchen gloves, cloths etc	Cleaning cloth (pack)	1	Wilkinson's	Wilkinson's	0.89	8.6	0.10	Wilko Anti-Bacterial All-Purpose Cloths x 10
E1	05.6.1.2.03	Kitchen gloves, cloths etc	Dish cloths (pack)	1	Wilkinson's	Wilkinson's	0.49	26	0.02	49p for pack of 10 Wilko Cloths All Purpose
E1	05.6.1.2.03	Kitchen gloves, cloths etc	Scourers (pack)	1	Wilkinson's	Wilkinson's	0.49	13	0.04	49p for 6
E1	05.6.1.2.03	Kitchen gloves, cloths etc	Washing up brush	1	Wilkinson's	Wilkinson's	0.59	52	0.01	washing up brush
E1	05.6.1.2.05	Nails, nuts, bolts, washers, tape and glue etc	Screws	1	Wilkinson's	Wilkinson's	0.99	520	0.00	Wilko Screws Mixed 500g
E2A1	08.1.1.1.01	Postage and poundage	Book of second class stamps	1			3.24	4	0.81	Book of 6 - FINAL GROUP changed to 1x6 stamps every 2 weeks instead of every week. Book of 12 = £3.24. Have changed lifetime to 4 weeks as CB group said 6 stamps would last 2 weeks



Single Female Pensioner										
F: Personal goods and services (inc health)										
MIS code	Detailed EFS category code	Detailed EFS category description	Item	Quantity	Brand	Retailer	Unit Price £	Life (weeks)	Weekly cost	Comments
F	6.1.1	Medicines and medical goods (not NHS)	Bonjela	1	Bonjela	Boots	2.09	52	0.04	CB group agreed £1.25 for couple. FINAL GROUP: itemised list.
F	6.1.1	Medicines and medical goods (not NHS)	Laxative	1	Califig	Boots	4.39	52	0.08	110ml bottle
F	6.1.1	Medicines and medical goods (not NHS)	Cold remedy	1	Beechams	Boots	3.65	26	0.14	Beechams Flu Lemon Drink - box of 10 sachets
F	6.1.1	Medicines and medical goods (not NHS)	Deep Heat	1	Deep Heat	Boots	4.99	52	0.10	Deep Heat Rub 100g
F	6.1.1	Medicines and medical goods (not NHS)	Cough medicine	1	Boots	Boots	2.29	52	0.04	Boots Nirolex Chesty Cough Linctus 150ml
F	6.1.1	Medicines and medical goods (not NHS)	Eye drops	1	Optrex	Boots	3.99	26	0.15	Optrex red eyes eye drops 10 ml
F	6.1.1	Medicines and medical goods (not NHS)	Rennies	1	Rennies	Boots	3.99	26	0.15	Rennies spearmint 72 tablet pack
F	6.1.1	Medicines and medical goods (not NHS)	Corn plasters	1	Scholl	Boots	1.95	13	0.15	scholl medicated washproof corn removal plasters, 8 plasters
F	06.1.1.1.02	Medicines and medical goods (not NHS)	-headache tablets / paracetamol	1	Aspirin	Wilkinson's	0.19	4.3	0.04	Wilko Aspirin Tablets x 16
F	06.1.2.1.01	Other medical products (eg plasters, condoms, hot water bottle, tubigrip)	-Plasters	1		Wilkinson's	0.99	52	0.02	Wilko Clear Plasters Assorted x 40
F	06.2.1.1.03	NHS optical services	Optician - new glasses	1			£100	52	1.92	FINAL GROUP added £100 per year to cover costs of new glasses every 2 years
F	06.2.2.1.01	NHS dental services	Dentist	1			44.60	52	0.86	FINAL GROUP: Include cost for 1 filling per year. Price includes check up, scale & polish, x ray and filling
F	06.2.2.1.01	NHS dental services	Dentist	1			16.20	52	0.31	Check up - includes scale and polish
F	12.1.1.1.01	Hairdressing, salons and personal grooming establishment (excluding health and slimming clubs)	Hairdressers	1	Salon or mobile		10.00	2	5.00	CB group said £5 a week, not £10 every 2 months. FINAL GROUP: £10 per fortnight
F	12.1.3.1.01	Toilet paper	Toilet rolls	1	Wilkinsons	Wilkinsons	0.35	1	0.35	Wilko Luxury Soft Toilet Tissue Rolls Snowdrop White x 12 = £4.25: 35p each

Single Female Pensioner										
F: Personal goods and services (inc health)										
MIS code	Detailed EFS category code	Detailed EFS category description	Item	Quantity	Brand	Retailer	Unit Price £	Life (weeks)	Weekly cost	Comments
F	12.1.3.1.02	Toiletries (disposable including tampons, lipsyl, toothpaste, deodorant, paper handkerchiefs)	Deodorant	1	Wilkinson's	Wilkinson's	0.99	4.3	0.23	Vaseline Aloe Fresh APD 150ml
F	12.1.3.1.02	Toiletries (disposable including tampons, lipsyl, toothpaste, deodorant, paper handkerchiefs)	Toothpaste	1	Wilkinson's	Wilkinson's	0.69	4.3	0.16	Wilko Whitening Toothpaste Freshmint 100ml
F	12.1.3.1.03	Bar of soap, liquid soap, shower gel etc	Soap	1	Tesco	Tesco	0.38	4.3	0.09	Tesco soap 125g (various types)
F	12.1.3.1.03	Bar of soap, liquid soap, shower gel etc	Shower gel	1	Wilkinson's	Wilkinson's	0.76	4.3	0.18	Wilko Shower Gel Green 400ml
F	12.1.3.1.04	Toilet requisites (durable including razors, hairbrushes, toothbrushes, face cloths, scales etc)	Bath brush	1	Tesco	Tesco	1.99	104	0.02	Wilko Naturals Natural Bristle Back Brush
F	12.1.3.1.04	Toilet requisites (durable including razors, hairbrushes, toothbrushes, face cloths, scales etc)	Face flannel	2	Dunelm	Dunelm	0.20	260	0.00	Wilko RightPrice Face Cloth White
F	12.1.3.1.04	Toilet requisites (durable including razors, hairbrushes, toothbrushes, face cloths, scales etc)	Scales	1	Argos	Argos	19.99	520	0.04	Salter Silver Effect Electronic Bathroom Scale
F	12.1.3.1.04	Toilet requisites (durable including razors, hairbrushes, toothbrushes, face cloths, scales etc)	Razor	1	Gillette for Women Venus Razor	Boots	5.96	260	0.02	Gillette for Women Venus Razor
F	12.1.3.1.04	Toilet requisites (durable including razors, hairbrushes, toothbrushes, face cloths, scales etc)	Razor blades (pack)	1	Gillette for Women Venus Razor blades	Boots	6.48	8	0.81	Gillette for Women Venus Razor blades (4 pack)





Single Female Pensioner										
H: Social and cultural participation										
MIS code	Detailed EFS category code	Detailed EFS category description	Item	Quantity	Brand	Retailer	Unit Price £	Life (weeks)	Weekly cost	Comments
H1	09.1.1.1.01	Audio equipment, CD players	CD player/radio	1	Matsui	Curry's	34.99	260	0.13	Matsui CD35P
H1	09.1.1.2.01	Television set purchase	TV	1	Warfedale	Curry's	89.99	260.00	0.35	Wharfedale KP21TK210G-G 21in Pure Flat TV.
H1	09.1.1.2.04	Video recorder purchase	DVD	1	Philips	Curry's	49.99	260.0	0.19	Philips DVP5960 DVD Players 937548
H1	09.1.1.2.05	Purchase of digital TV decoder	Freeview box	1	Hitachi	Argos	29.99	260.0	0.12	£30 for freeview box: Hitachi HDB71 Digital Set Top Box
H1	09.3.3.1.01	Gardens, plants and flowers	Garden	1			30.00	52	0.58	Includes money for compost etc. as well
H1/giftoth	20.5.2.2.02	Present - not specified	Xmas, birthdays, anniversaries etc.	1			220	52.00	4.23	For presents.
H1	09.5.2.1.01	Newspapers	Newspapers	1			3.50	1	3.50	FINAL GROUP: Added £3.50
H1	09.5.4.1.01	Stationery, diaries, address books, art materials	Block of writing paper (page 23)	1	Tesco	Tesco	0.92	26	0.04	pad of 100 sheets
H1	09.5.4.1.01	Stationery, diaries, address books, art materials	Pack of envelopes (page 23)	1	wilco	Wilkinson's	0.79	26	0.03	envelopes
			Charitable donation	1			10	52.00	0.19	FINAL GROUP: Important to be able to get poppy for remembrance day, sponsorship for grandchildren etc.
H2	09.3.4.1	Pets and related products	Bird feeder	1	Wilkinson's	Wilkinson's	0.99	104	0.01	Wilko Wild Bird Cake & Scraps Feeder
H3	9 and 11	Recreation and leisure, restaurants and hotels	£10 per week	1			10	1	10.00	FINAL GROUP: £5 for once weekly cinema, plus £5 per week for hobby/swim etc.
H4	09.4.2.3.01	TV licence payments	TV licence	1			11.63	4.3	2.70	Based on monthly direct debit payments

Single Female Pensioner										
H: Social and cultural participation										
MIS code	Detailed EFS category code	Detailed EFS category description	Item	Quantity	Brand	Retailer	Unit Price £	Life (weeks)	Weekly cost	Comments
H6	09.6.1.1.01	Package holidays in the UK	Day trips	6			0	52	0.00	6 day trips a year - free bus travel and packed lunch/food costs from food budget
H6	09.6.1.1.01	Package holidays in the UK	Holiday away from home for week	1			200	52	3.85	FINAL GROUP: £200 per person for 5 days on coach package holiday - includes travel, half board accommodation, some evening entertainment
<b>TOTALS</b>										
<b>H1 Leisure goods</b>									<b>9.35</b>	
<b>H2 Pets</b>									<b>0.01</b>	
<b>H3 Entertainment and rec</b>									<b>10.00</b>	
<b>H4 TV licence and rental</b>									<b>2.70</b>	
<b>H5 Foreign holidays</b>									<b>0</b>	
<b>H6 UK holidays</b>									<b>3.85</b>	
<b>H Social and cultural participation</b>									<b>25.91</b>	